

Inspire Calendar January - March 2025

Phillip Island

28th - 31st of January



- Explore Nature
- Learn, grow and connect
- Build on social skills
- Practice mindfulness

Karma King Lake

6th - 9th of February

- Experience the serenity of King Lake
- Connect with new people
- Learn, Share and develop skills



Phillip Island

10th-13th of February



- Unwind by the Coast
- Build Skills
- Foster Friendships & Community

Daylesford Amalfi

14th - 19th of February



- Engage in New Activities
- Boost Confidence Skills
- An inclusive and accessible environment

Dungeons and Dragons

21st-24th of February

- Embark on Epic Adventures
- Develop Creativity & Strategy
- Forge Bonds & Teamwork



Men's Wellness

7th - 10th of March



- Men's Holistic Wellness Workshops
- Cultivate Self-Regulation Techniques
- Yoga & Qigong

Phillip Island

17th - 20th of March

- Penguin Tours
- Seal Boat Adventure
- Group Meals
- Independence Building



The Game Expo

21st - 24th of March



- Supported Attendance at a Large Convention
- Build on resilience skills
- Practice scheduling and planning

Karma King Lake

28th - 31st of March

- Explore the Natural Beauty
- Strengthen Friendships
- Embrace Personal Growth and Learning

