

Inspire Calendar April - June 2025



Dungeons and Dragons 10th - 13th of April



- Embark on Epic Adventures
- Develop Creativity & Strategy
- Forge Bonds & Work Together

Phillip Island 14th - 17th of April

- Explore Local Markets & Shops
- Guided Fishing Adventures
- Coastal Nature Walks
- Group outings and communal meals



Wellness Program (All Genders) 24th - 27th of April



- Mindfulness Meditation Sessions
- Mental Wellness & Stress Relief
- Self-Compassion & Healing Practices

City Program 1st - 4th of May

- Engage in New Activities
- Boost Confidence Skills
- An inclusive and accessible environment



Phillip Island 5th - 8th of May



- Explore Local Markets & Shops
- Guided Fishing Adventures
- Coastal Nature Walks
- Group outings and communal meals

Wellness Program (Women and Non Binary) 15th - 18th of May



- Gender-inclusive support
- Mental health resources
- Stress relief techniques

Amalfi Daylesford 23rd - 28th of May

- Engage in New Activities
- Boost Confidence Skills
- An inclusive and accessible environment



Dungeons and Dragons 12th - 15th of June



- Build Unique Characters
- Collaborative Storytelling
- Character Growth & Development

Phillip Island 23rd - 26th of June

- Explore Local Markets & Shops
- Guided Fishing Adventures
- Coastal Nature Walks
- Group outings and communal meals



Werribee Program 27th - 30th of June



- Explore Historic Gardens
- Shared Meals
- Heritage Architecture
 Discovery
- Relaxation and Wellness

For more information, visit our events tab on our website: www.gladyandco.com.au, call 1300 866 474, or email: inspire@gladyandco.com.au