



CITY DAY INSPIRE PROGRAM

choose your own adventure

3RD OF MAY

Join us for our flexible city-based Inspire program, where you are in control of your day! Whether you're new to our programs or a seasoned participant, there's something for everyone. Strengthen community connections through social interactions, while promoting personal growth in a supportive and inclusive environment. Choose from a variety of local city activities, allowing you to engage with the community in a way that suits you best. Enhance your observation skills, physical fitness, and independence as you explore urban spaces. Practice money management, social skills, and self-reliance while navigating the city, all designed to help you achieve your goals.

- Social Interactions
- Decision Making
- Problem Solving



- Confidence Building
- Money Management
- Community Engagement

For more information, visit our events tab on our website: www.gladycandco.com.au, call 1300 866 474, or email: inspire@gladycandco.com.au