

## Phillip Island 2nd - 5th of June

- Enjoy scenic coastal walks
- Try your hand at fishing
- Unwind in a peaceful setting



## Wellness Program 7th of June



### Day Program

- Connect with your body
- Enhance emotional resilience
- Nurture mental clarity

## Nature & Narratives 12th - 15th of June

- Nature walks & outdoor fun
- Storytelling & D&D adventures
- Quiet reflection in nature



## City Program 19th of June

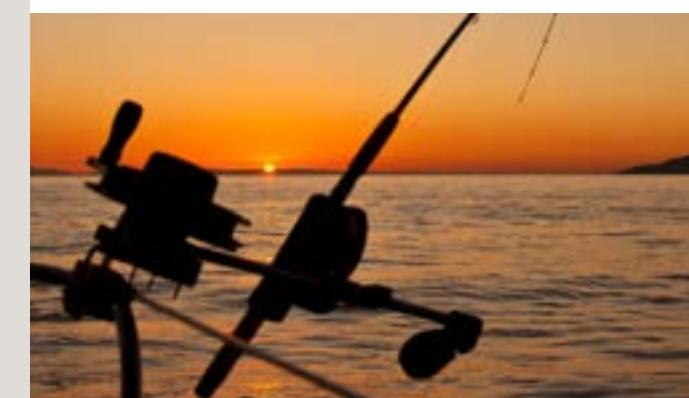


### Day Program

- Engage in cultural discussions
- Explore art and exhibits
- Connect through visual storytelling

## Phillip Island 23rd - 26th of June

- Relax in tranquil surroundings
- Explore rugged beachscapes
- Discover local shops and cafés



## Werribee Program 28th of June



### Day Program

- Social shared meals
- Explore zoo grounds
- At your own pace

## Karma Kinglake 3rd - 7th of July



- Connect with nature
- Make new friendships
- Grow outdoor confidence

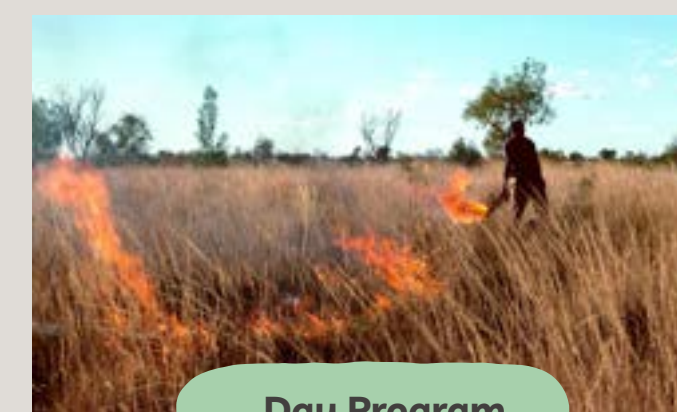
## Wellness Program 10th - 13th of July

- Nourish your body
- Unwind in nature
- Practice mindfulness

### Women & Non-Binary



## Kinglake Indigenous Education 29th of July



### Day Program

- Learn local culture
- Explore country respectfully
- Discover indigenous stories