

GLADY & CO.

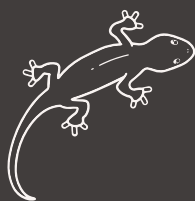
# Indigenous Education

## 29TH JULY

Spend the day at Karma Kinglake for a meaningful experience centered around Indigenous education, cultural learning, and connection to Country. Delivered by Gladly & Co, this program offers a gentle, grounding opportunity to learn from and reflect on the rich culture, stories, and knowledge of the Traditional Custodians of the land. Participants will take part in activities that may include guided storytelling, bush tucker exploration, art and cultural practices, or nature-based reflection—all designed to foster respect, awareness, and personal connection to the land we gather on. Set amongst the natural beauty of Kinglake, this day supports quiet reflection, community learning, and a deeper sense of self and place.



- Reflective practice
- Mindfulness & grounding
- Creative expression



- Connection with nature & Country
- Personal growth
- Social connection



For more information, visit our events tab on our website: [www.gladlyandco.com.au](http://www.gladlyandco.com.au), call 1300 866 474, or email: [inspire@gladlyandco.com.au](mailto:inspire@gladlyandco.com.au)

