

GLADY & CO. KARMA KINGLAKE

3RD - 7TH JULY

Join us at Karma Kinglake for a unique Inspire Program designed and facilitated by Gladly & Co. Whether you're new to Inspire or a returning participant, this nature-based experience offers something for everyone. Build independence through participant-led activities, strengthen social skills, and explore personal growth in a supportive and inclusive environment. With a focus on choice and connection, you'll have the opportunity to try new things, connect with others, and work towards your NDIS-related goals—all while enjoying the peaceful surroundings of Kinglake.

- Participant-led experiences
- Confidence building
- Mindfulness in nature



- Practice daily living
- Creative expression
- Nature exploration