## GLADY & CO. INDIGENOUS EDUCATION

## **28TH AUGUST**



Spend the day at Karma Kinglake for a meaningful experience centred around Indigenous education, cultural learning, and connection to Country. This program offers a gentle, grounding opportunity to learn from and reflect on the rich culture, stories, and knowledge of the Traditional Custodians of the land. Participants will take part in activities that may include guided storytelling, bush tucker exploration, art and cultural practices, or nature-based reflection -all designed to foster respect, awareness, and personal connection to the land we gather on. Set amongst the natural beauty of Kinglake, this day supports quiet reflection, community learning, and a deeper sense of self and place.

- Cultural awareness & learning
- Connection with nature & Country
- Respectful community engagement
- Reflective practice
- Mindfulness & grounding
- Creative expression





