

Join us for a nature-inspired Inspire Program at Karma Kinglake with Glady & Co. Whether you're new to Inspire or returning for another adventure, this program offers a supportive mix of connection, exploration, and skill-building. Set among the bushland of Kinglake, participants engage in shared experiences such as group meals, creative sessions, bushwalks, and participant-led activities—designed to support social confidence, wellbeing, and independence. Explore the natural surroundings while working towards your NDIS-related goals through everyday tasks, community connection, and choice-based engagement. With a balance of structure and flexibility, this program invites you to slow down, try new things, and connect with others in a vibrant and inclusive setting.

Nature-based activities Social skill building Creative group sessions



Participant-led choices Confidence and independence Supportive community setting



