

Join us for a festive Inspire Program on beautiful Phillip Island, designed to bring people together over the Christmas period. Whether you celebrate Christmas or simply want good company during the holidays, this inclusive program offers a relaxed and supportive space to connect, recharge, and enjoy the season with others. It's a great way to avoid spending the holiday period alone while having fun and building skills in a safe, welcoming environment. Explore the seaside town through participant-led activities like beach visits, op shopping, nature walks, and local sightseeing. Shared responsibilities—like planning outings, budgeting, and preparing group meals—encourage independence, social connection, and everyday decision-making. You'll have the chance to build confidence, form new friendships, and enjoy meaningful experiences that align with your NDIS goals—all at your own pace and in a fun, festive setting.

Coastal nature walks
Group meal prep
Community exploration



Budgeting and planning Social skill-building Independent decision-making



For more information, visit our events tab on our website: www.gladyandco.com.au, call 1300 866 474, or email: inspire@gladyandco.com.au

