

Inspire Calendar January - April 2026







- Explore nature & local town
- Build independence
- Build social connections

Daylesford Amalfi 5th - 10th February

- Choice-based activities
- Build independence
- Connect with peers



Mornington Wellness Program 12th - 15th February



- Peaceful local walks
- Creative wellness activities
- Social time in nature

City Explorer 21st February

- Participant-led Activities
- Navigate busy environment
- Build confidence with support





Phillip Island 23rd - 26th February

- Group coastal activities
- Explore local town
- Build social skills



Sustainable Finds 7th March



- Visit local townships
- Budgetting workshop
- Learn to repurpose

City Explorer: Game Expo 13th - 16th March

- Participate in city activities
- Attend Game Expo
- Practice social skills

Day Program Options



Dungeons n Dragons 19th - 22nd March



- Storytelling & teamwork
- Practice Communication
- Social connection

More INSPIRE Dates:

Phillip Island 30th March - 2nd April

Wellness **Program** (Location TBC) 9th - 12th April

Connection to Country 18th April

Phillip Island 20th - 23rd April

Dungeons n Dragons 24th - 27th April

For more information, visit our events tab on our website: www.gladyandco.com.au, call 1300 866 474, or email: inspire@gladyandco.com.au