



Glady and Co Inspire

Sustainable Finds

**7th
March**

Your Goals. Your Finds. Your Inspire Experience.

Join us for Sustainable Finds, a participant-inspired day program designed to support your NDIS goals while exploring some of the best local op shops. This experience is all about choice and creativity learn practical skills in budgeting, money management, and sustainable living while building confidence and independence.

Program Highlights

- Explore local op shops
- Practice budgeting and money management
- Learn recycling and repurposing tips
- Build independence in community settings
- Try creative upcycling activities
- Connect with peers

Skills You'll Build

- Financial literacy and budgeting
- Problem-solving and decision-making
- Social and communication skills
- Independence in community settings
- Creative thinking and sustainability awareness
- Confidence in managing personal goals

Why Join?

Discover the fun and value of op shopping while learning practical skills for everyday life. Build independence, explore sustainable choices, and enjoy meaningful experiences that align with your NDIS goals—all in a supportive, engaging environment.



For more information, visit our events tab on our website: www.gladyandco.com.au, call 1300 866 474, or email: inspire@gladyandco.com.au

