



# GLADY AND CO INSPIRE CITY EXPLORER: GAME EXPO 13TH - 18TH MARCH

**Your Goals. Your Adventure. Your Inspire Experience.**

Join us for City Explorer: Game Expo a participant-led program designed to support your NDIS goals while exploring Melbourne's vibrant city and attending an evolving gaming and pop culture event. This experience is all about choice and skill-building, giving you opportunities to develop independence, confidence, and community participation in a supportive environment.

## Program Highlights

- Navigate Melbourne and PT
- Plan your day and manage time
- Practice budgeting skills
- Build social connections
- Explore gaming and tech spaces
- Develop independence and self-advocacy

## Skills You'll Build

- Community access and navigation
- Time management and planning
- Social and communication skills
- Financial literacy and budgeting
- Confidence in public spaces
- Self-advocacy and decision-making

## Why Join?

This program offers a unique opportunity to explore the city while engaging in activities that reflect your interests. You'll build practical skills for everyday life like navigating transport, managing money, and planning your schedule while connecting with peers and working towards your NDIS goals in a fun, supportive setting.

For more information, visit our events tab on our website: [www.gladyandco.com.au](http://www.gladyandco.com.au), call 1300 866 474, or email: [inspire@gladyandco.com.au](mailto:inspire@gladyandco.com.au)

