



GLADY AND CO INSPIRE
**GLADY VIP
EASTER**
3RD - 7TH APRIL

Your Goals. Your Choice. Your Inspire Experience.

Join us for an inclusive, Inspire group program designed to support your NDIS goals in a relaxed seaside setting. The program offers guided, planned activities—while still giving you full choice and control over how you participate. This experience supports you to build independence, confidence, and connection through real-world opportunities. Prefer a shorter program? Choose the dates that work best for you, and we'll take care of the rest.

Program Highlights

- Coastal nature walks
- Op shopping & local sightseeing
- Group meal preparation
- Community exploration
- In-house workshops (e.g., cooking, art, wellness)
- Creative activities and social games

Skills You'll Build

- Increased independence in self-care
- Improved social and communication skills
- Enhanced community participation
- Budgeting and money-handling skills
- Health and wellness management
- Emotional regulation and coping strategies
- Creative expression and confidence building

Why Join?

Experience a unique Inspire program led personally by Gladly, offering the chance to connect, share, and spend meaningful time together. In this supportive, social environment, you'll build everyday skills through real experiences including planning, decision-making, community exploration, and more. Every moment is designed to support your goals while fostering genuine connection and memorable time together.



For more information, visit our events tab on our website: www.gladlyandco.com.au, call 1300 866 474, or email: inspire@gladyandco.com.au

